



# All-Northern 10 Athletic Conference Boys Cross Country 2023

<b>First team</b>	<b>School</b>	<b>Yr</b>	<b>Time</b>
Evan Schiefer	Seneca East	11	16:14.43
Leo Schreiner	Seneca East	12	16:28.91
Shawn Auck	Colonel Crawford	10	16:39.08
Brayden Cleveland	Mohawk	11	16:50.22
Brycen Lantz	Seneca East	12	16:56.08
Deven Deskins	Bucyrus	12	17:17.59
Evan Hinesman	Upper Sandusky	12	17:24.70

<b>Second team</b>	<b>School</b>	<b>Yr</b>	<b>Time</b>
Karter Boggs	Bucyrus	10	17:37.51
Brayden Young	Carey	12	17:44.63
Bradley Smith	Seneca East	11	17:57.55
Adam Scott	Colonel Crawford	11	17:59.90
Braden Seifert	Buckeye Central	11	18:09.79
Abraham Baldwin	Upper Sandusky	11	18:16.56
Ayden Perkins	Seneca East	9	18:21.57

<b>Honorable mention</b>	<b>School</b>	<b>Yr</b>	<b>Time</b>
Henry Minehart	Upper Sandusky	9	18:25.65
Landon Strausbaugh	Colonel Crawford	9	18:36.64
Noah Wilson	Buckeye Central	12	18:37.57
Anderson "AJ" Griffin	Bucyrus	9	18:38.21
Riley Miller	Carey	9	18:38.73
Brady Good	Seneca East	12	18:44.18
Phoenix Nally	Mohawk	9	18:45.90

**Runner of the year**  
Evan Schiefer, Seneca East

**Coach of the year**  
Doug Mason, Seneca East



# All-Northern 10 Athletic Conference Girls Cross Country 2023

<b>First team</b>	<b>School</b>	<b>Yr</b>	<b>Time</b>
Lilly Schiefer	Seneca East	12	18:40.37
Cecelia Chase	Colonel Crawford	12	18:49.19
Chloe Etzinger	Carey	11	19:51.57
Gabby Roston	Colonel Crawford	11	20:02.19
Addie Horner	Mohawk	11	20:13.63
Hope Morris	Upper Sandusky	11	20:40.19
Abigail Ault	Upper Sandusky	9	20:47.44

<b>Second team</b>	<b>School</b>	<b>Yr</b>	<b>Time</b>
Julia Enders	Seneca East	9	20:56.85
Rilynn Edgington	Colonel Crawford	10	21:02.70
Brynlee Cundiff	Upper Sandusky	10	21:15.02
Valerie Bordner	Seneca East	10	21:23.03
Jocelyn Leightey	Upper Sandusky	9	21:27.57
Izzy Roston	Colonel Crawford	12	21:29.18
Angela Figueroa	Buckeye Central	10	21:34.22

<b>Honorable mention</b>	<b>School</b>	<b>Yr</b>	<b>Time</b>
Abby Kurtz	Carey	10	21:37.61
Claire Johnson	Mohawk	9	21:41.54
Nevaeh Metzger	Buckeye Central	11	21:55.86
Mya Carrick	Seneca East	11	22:10.91
Camryn Lantz	Seneca East	10	22:15.93
Brynn Bruner	Colonel Crawford	10	22:33.31
Lilly Lawhorn	Mohawk	12	22:39.34

**Runner of the year**  
Lilly Schiefer, Seneca East

**Coach of the year**  
Matt Schock, Seneca East